

(TUOMS)



Tabriz University of Medical Sciences

School of Medicine
Curriculum Vitae

Personal Data:

First name: Jalil

Last name: Houshyar

Nationality: Iran

Date of birth: 23.8.1976

Place of birth: Tabriz

Marital status: Married

Specialty: Internist, Endocrinologist

Academic rank: associated professor

Department/Research Center: Internal Medicine, Endocrine Research Center

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Fields of interest

Endocrinology, thyroid

Skills: (language, software...)

Farsi is my official language, Azari – Turkish is my native language, English is my scientific language. I have usual skills for using computer, office applications, internet, email, smart phones applications, social medias; skills of sampling from thyroid nodules under ultrasound guide.

Educational Background:

Date	Degree	Institution	Country
21 September 1996	High School Gradation	Tabriz, Ferdosi High School	Iran
22 September 2003	General Medicine	Tabriz University of Medical Sciences	Iran
22 September 2010	Internal Medicine	Tabriz University of Medical Sciences	Iran
22 September 2014	Endocrinology	Tabriz University of Medical Sciences	Iran

Selected articles:

Effect of Omega-3 Fatty Acid on Oxidative Stress in Patients on Hemodialysis Hamid Tayyebi-Khosroshahi, Jalil Houshyar, Ali Tabrizi, Amir-Mansour Vatankhah, Neda Razzagi Zonouz, Reza Dehghan-Hesari. Iranian Journal of Kidney Diseases Volume 4 Number 4 October 2010	2010
Effect of Treatment with Omega-3 Fatty Acids on C-Reactive Protein and Tumor Necrosis Factor-Alfa in Hemodialysis Patients Hamid Tayyebi-Khosroshahi , Jalil Houshyar , Reza Dehghan-Hesari , Hosein Alikhah , AmirMansour Vatankhah, Abdol-Rasoul Safaeian , Neda Razzagi Zonouz Saudi J Kidney Dis Transpl 2012;23(3):500-506	2012
Effectiveness of Insulin Glargine on Recovery of Patients with Diabetic Ketoacidosis: A Randomized Controlled Trial Jalil Houshyar , Amir Bahrami , Akbar Aliasgarzadeh Journal of Clinical and Diagnostic Research. 2015 May, Vol-9(5): OC01-OC05	2015
Evaluation effect of Cinnamon-Plus on HbA1C of patients with Diabetes Farzad Najafipour, Javad Jafarpour, Jalil Hoshyar Gharamaleki andNasser Aghamohammadzadeh Int.J.Curr.Res.Aca.Rev.2015; 3(7):368-377	2015

Effect of regular exercise training on changes in HbA1c, BMI and VO F Najafipour, M Mobasseri, A Yavari, H Nadrian, A Aliasgarzadeh, ... Jalil Houshyar Gharamaleki <i>BMJ Open Diab Res Care</i>	2017
Effectiveness of glargine insulin on recovery of patients with diabetic ketoacidosis A Aliasgharzadeh, A Bahrami, J Houshyar Majallah-i pizishki-i Danishgah-i Ulum-i Pizishki va Khadamat-i Bihdashti-i ..., 2017	2017
Effect of regular exercise training on changes in HbA1c, BMI and VO2 max among patients with type 2 diabetes mellitus: an 8-year Farzad Najafipour, Majid Mobasseri, Abbas Yavari, Haidar Nadrian, Akbar Aliasgarzadeh, Naimeh Mashinchi Abbasi, Mitra Niafar, Jalil Houshyar Gharamaleki, Vahideh Sadra <i>BMJ Open Diab Res Care 2017.</i>	2017
Role of Serum Vitamin D Level in Progression of Diabetic Foot Ulcer Farzad Najafipour, Naser Aghamohammadza , Neda Razzaghi Zonouz , Jalil Houshyar <i>Journal of Clinical and Diagnostic Research. 2019 Feb, Vol-13(2): BC15-BC17</i>	2019
Comparison of The Efficacy of Sitagliptin With Pioglitazone on Blood Glucose Control in Type 2 Diabetic Patients Nasser Aghamohammadzadeh , Vahideh Sadra , Amir Mehdizadeh , Sarvin Dalil , Jalil Houshyar , Akbar Aliasgarzadeh , Mostafa Najafipour , Farzad Najafipour <i>Archive \ Volume.10 2019 Issue 3</i>	2019
Comparison of vitamin D level in pregnant women with and without gestational diabetes Bahar Bahrani , Jalil Houshyar, Jafar Zareizadeh1, Mitra Niafar, Naser Aghamohammadzadeh.... Revista Latinoamericana de Hipertensión. Vol. 15 - Nº 1, 2020	2020
Comparison of the Bone Mineral Density between Acromegaly Patients and Healthy Individuals Zahra Mostafavi , Jalil Houshyar , Akbar Aliasgarzadeh , Naser Aghamohammadzadeh , Vahideh Sadra , Mehdi Khani , Mostafa Najafipour , Farzad Najafipour <i>Archive \ Volume.10 2019 Issue4</i>	2020
The comparison of GDM therapeutic methods between positive and negative anti TPO patients Reza Ranjbar, Naser Aghamohammadzadeh, Jalil Houshyar, Akbar Aliasgarzadeh, Vahideh Sadra, Mostafa Najafipour, Farzad Najafipour.	2020

Archives of Pharmacy Practice Volume 11 Issue 2 April – June 2020	
Effects of saffron supplementation on glycemia and inflammation in patients with type 2 diabetes mellitus: A randomized double-blind, placebo-controlled clinical trial study Majid Mobasseria, Alireza Ostadrahimib, Aynaz Tajaddinib,c, Samira Asgharid, Meisam Baratie, Moloud Akbarzadehd, Omid Nikpayamf,g, Jalil Houshyara, Neda Roshanravanh,* , Naimeh Mesri Alamdari Diabetes & Metabolic Syndrome: Clinical Research & Reviews, Volume 14, Issue 4, July–August 2020, Pages 527-534	2020
Evaluating the Effect of Cabergoline on Glycaemic Control of Patients with Type 2 Diabetes Mellitus: A Randomised Controlled Trial. A ALIASGARZADEH, S KARIMIAVVAL, J HOUSHYAR, M GOJAZADEH, ... Journal of Clinical & Diagnostic Research 14 (2), 2020	2020

Positions held: (past- current)

Start and End Date	Job Title, Responsibilities and achievements
1393 -1397	Responsible for internal clinics of imam reza hospital

Awards and Recognitions

Start and End Date	Details
2014.9.9	Second rank of endocrinology board